

Evan Henritze, Ph.D.

NY State Psychology License #027511

MA State Psychology License #PSY10001946

EDUCATION

- Ph.D. Clinical Psychology
New School for Social Research, May 2024
Dissertation: *The Moral Injuries of Climate Change: Network Analyses of Betrayal and Individualized Responsibility*
Committee: Adam Brown, Ph.D., Lillian Polanco-Roman, Ph.D., Sam Winer, Ph.D., Rafi Youatt, Ph.D.
- M.A. Psychology, Clinical/Research Track
New School for Social Research, May 2019
Thesis: *Resolving Interpersonal Challenges When Empathically Distressed: Perspective-taking Buffers Negative Effects of Distress on Communication skills*
Advisors: Adam Brown, Ph.D., Jeremy Safran, Ph.D.
- B.A. Film Studies, certificate in Cultural and Critical Theory
Wesleyan University, 2011

HONORS, AWARDS, FELLOWSHIPS

- May 2024 Alfred J. Marrow Dissertation Award, New School for Social Research
- 2022-2023 Dissertation Fellowship (Expenses and \$10,000 stipend), New School for Social Research
- 2019-2022 Prize Fellowship (Tuition remission and \$60,000 stipend), New School for Social Research
- 2022-2023 Scholars Award, American Psychological Association, Society for Psychoanalysis and Psychoanalytic Psychology (Division 39)
- Fall 2021 Research Award, *Climate Crisis: Pathways to Collective Action*, New School for Social Research (\$5000)
- Fall 2021 Conference Award, New School for Social Research (\$500)
- Fall 2021 Award for Excellence in Climate, Environmental Justice and Sustainability, Tischman Environment and Design Center, *Climate Injustice: Ecological Embeddedness and Community Cohesion as Pathways to Collective Action* (\$1700)
- Spring 2021 Conference Award, New School for Social Research (\$500)
- Fall 2020 Conference Award, New School for Social Research (\$500)
- 2017-2019 Partial Scholarship, New School for Social Research

CLINICAL & COUNSELING EXPERIENCE

- Post-doctoral Fellow**
Sept. 2024 – August 2025
Center for Intensive Treatment of Personality Disorders – Mount Sinai Harlem Health Center
Individual and group therapist for young adults (18-28 y.o.) in 5 days a week treatment. Risk assessment, crisis management, comprehensive assessment for personality and co-occurring disorders. Supervision of psychiatry residents and psychology externs. Multiple modalities including DBT, CBT, mentalization, mindfulness/Buddhist, and psychodynamic.
- Pre-doctoral Intern**
July 2023 – June 2024
Mount Sinai Morningside and West Hospital
APA accredited internship program. Rotations: Center for Intensive Treatment of Personality Disorders, The Addictions Institute, Center for Transgender Medicine, Harlem Health Center Outpatient Clinic.
Individual, group (weekly and daily), couples, and family treatment using

multiple modalities including CBT, DBT, ACT, EFT and psychodynamic. *45 hours weekly.*

Psychology Extern
July 2022 – June 2023

Manhattan Veterans Affairs (VA) Hospital

Short and year-long cognitive-behavioral, psychodynamic, and emotion-focused treatment including CBT-insomnia, CBT-case formulation, & Dynamic Interpersonal Therapy (DIT). Track: Emotional Focused Therapy (EFT) for couples. Elective: Diversity, Inclusion, Activism. *16-20 hours weekly.*

Supervisors: Cory Chen, Ph.D., Amy Parter, Ph.D., Sagiv Ashkenazi, Psy.D., Michael Levy, Ph.D., Micheal Stoppellio, Ph.D.

Psychology Extern
July 2021 – June 2022

Columbia University Center for Psychoanalytic Training and Research/New York Presbyterian Hospital

Year-long twice-weekly psychodynamic individual treatment, comprehensive personality and diagnostic assessment, intensive coursework with current analytic candidates. *16 hours weekly*

Supervisors: Anthony Bass, Ph.D., Hillary Beattie, Ph.D., Alison Brown, Ph.D.

Psychology Extern
August 2020 – August 2021

Brooklyn Veterans Affairs (VA) Hospital

Psychodynamic and integrative individual and group treatments for veterans with PTSD. *16 hours weekly*

Supervisor: Paul Rhindress, Ph.D.

Therapist
August 2019 – June 2020

Safran Center for Psychological Services

Psychodynamic and cognitive-behavioral individual therapy. 20-30 session treatment length. *10 hours weekly*

Supervisors: Richelle Allen, Ph.D., Daniel Gaztambide, Psy.D. & Elizabeth Kandall, Ph.D.

Psychology Extern
August 2019 – April 2020

Lenox Hill Hospital

In-patient dialectical-behavioral therapy (DBT) skills group, risk-assessment and safety planning, and Rorschach didactics. *6 hours weekly*

Supervisors: Yana Lechtman, Psy.D & Cecil Arac Orbun, Ph.D.

Mindfulness Counselor
April 2013 – July 2017
Gardner, MA

North Central Correctional Institute

Group and one-on-one counselor for male inmates at a medium security prison. Led mindfulness exercises in weekly meetings and half-day workshops. Counseled inmates on applying mindfulness practice to prison life.

CLINICAL SUPERVISORY EXPERIENCE

Supervisor
September 2024 – Present

Mount Sinai Morningside West Hospital

Primary supervisor for psychiatry resident on yearlong psychodynamic cases. Assessment supervisor for comprehensive psychological assessment for psychology externs in personality disorder clinic using MMPI-3, MCMI-IV, Rorschach (R-PAS), TAT, and WAIS-V

Assessment Advisor
August 2022 – Dec 2022

New School Clinical Doctorate Program

Advise PhD students on administration and interpretation of dimensional personality and intelligence assessments including MMPI-3, MCMI-IV, DAAP-BQ, NEO-PI-3, Rorschach (R-PAS), TAT, and WAIS-IV.

Primary Instructor: Andrew Twardon, Ph.D.

Peer-Supervisor

August 2020 – May 2021

New School Safran Center for Psychotherapy Research Program

Co-led, with Dr. Daniel Gaztambide, three weekly psychodynamic supervision groups for first year clinical PhD students. Provide written and verbal reflections on student's comprehension of theory, practice of "deliberate-practice" interventions, and cultural case conceptualization.

TEACHING EXPERIENCE**Teaching Fellow**

January – May 2023

Psychology of Climate Justice*New School for Social Research*

Designer and instructor for an undergraduate course not taught previously. This course will review issues such as pro-environmental behavior and place attachment, in light of both classical psychology (e.g. cognition, emotion, and perception) along with a critical psychology approach that contests domination, injustice, and exclusion to promote sustainable social-ecological systems.

Teaching Assistant

August – Dec 2022

Advanced Diagnostic Assessment: Adult Personality and Psychopathology*New School for Social Research*

Doctoral level course. Responsibilities include holding weekly TA sessions reviewing administration and interpretation of dimensional personality and intelligence assessments. Review student final reports and provide feedback. *Primary Instructor: Andrew Twardon, Ph.D.*

Teaching Assistant

August 2020 – May 2021

Clinical Theory and Technique*New School for Social Research*

Doctoral level course. Responsibilities included leading three weekly supervision groups and grading "deliberate-practice" clinical videos. *Primary Instructor: Daniel Gaztambide, PsyD.*

Teaching Assistant

May 2014 – July 2019

Coursework in Buddhist Psychology*Barre Center for Buddhist Studies*

Led weekly groups integrating study of psychology, mindfulness, and Buddhist texts integrated with personal contemplative practice.

Instructor

January - March 2015

Path of Freedom Mindfulness Course*North Central Correctional Institute*

Led a twelve-week emotional intelligence program that offered time off sentences for incarcerated individuals.

RESEARCH POSITIONS**Research Assistant**September 2022 – May 2024
New York, NY**The Emotional Processes & Experimental Psychopathology Lab**

Training in network analysis and participation in projects using performance-based and self-report predictors of psychopathology and dysfunction guided by Reward Devaluation Theory.

Primary Investigator: Sam Winer, Ph.D

Research Assistant

September 2021 – May 2024
New York, NY

Ecological Embeddedness, Indigeneity, Contemplative Practice

This project explores the immigrant experience of indigeneity and attachment to place through a grounded theory methodological framework.
Role: Literature review and interviewer, developing framework for potential interventions, manuscript preparation
Primary Investigator: Latha Poonamallee, Ph.D.

Research Assistant

August 2018 – May 2024
New York, NY

The Trauma and Global Mental Health Lab

Initiatives on climate change, moral injury and mental health including experimental protocols involving collective-efficacy and self-efficacy. Additional research on self-sacrifice, trauma exposure, and post-traumatic stress disorder for human rights workers and climate activists.
Primary Investigator: Adam Brown, Ph.D.

Visiting Scholar

September 2018 – May 2020
New York, NY

Lenox Hill Hospital

Project: FIRST (Facilitative Interpersonal and Relational Skills Training) Training and Research for Psychologists and Medical Social Workers
Role: Lead facilitator for interpersonal skills training for medical social workers. Research interpersonal skills, empathy and burnout effects.
Primary Investigators: Jordan Bate, Ph.D., Jerome Kogan, Ph.D.

Lab Manager

August 2019 – May 2020

Research Assistant

August 2017 – July 2019
New York, NY

The New School Psychotherapy Research Lab

Prepared IRB protocols; Member of Classification of Affective Meaning States (CAMs) coding group for therapy dyads; Member of Structured Analysis of Social Behavior (SASB) coding group; Drafted grant proposal for alliance-focused training initiatives.
Primary Investigators: Jeremy Safran, Ph.D., Howard Steele, Ph.D.

PUBLICATIONS

- Jiwani, Z. & Henritze, E. (2024). *Assessing the impact of Micro-phenomenology on Memory Specificity and Re-experiencing*. The New School Psychology Bulletin.
- Henritze, E., Goldman, S., Simon, S., & Brown, A. D. (2023). *Moral injury as an inclusive mental health framework for addressing climate change distress and promoting justice oriented care*. The Lancet Planetary Health, 7(3).
- Martingano, A. J., Konrath, S., Henritze, E., & Brown, A. D. (2022). *The Limited Benefits of Using Virtual Reality 360° Videos to Promote Empathy and Charitable Giving*. Nonprofit and Voluntary Sector Quarterly.
- Henritze, E. & Brown, A., (2019, October 28). *Translating Socio-Cognitive Models of Agency into Migration and Mental Health: A Framework for Individual and Community Empowerment*. Europe Now.

MANUSCRIPTS IN PREPARATION

- Henritze, E. & Poonamallee, L. *The Socio-ecological Embeddedness Framework for Immigrants and Climate Action*. In preparation.
- Henritze, E., Martingano, A.J., Brown, A., Konrath, S. *Resolving Interpersonal Challenges When Empathically Distressed: Perspective-taking Buffers Negative Effects of Distressing Virtual-reality Experiences on Communication Skills*. In preparation.
- Maserow, J., Henritze, E., Bate, J. & Anderson, T. *Interpersonal Skills Training for Medical Social Workers: Making Interactions Effective Through Deliberate Practice*. In preparation.

TALKS/PRESENTATIONS/CONFERENCE POSTERS

- Goldman, S. **Henritze, E.**, Simon, S., Epstein, S., Winer, S. & Brown, A. (2022, November). *Network Analyses of Climate Trauma Moral Injury*. Poster presented at the annual conference of the International Society for Traumatic Studies. Atlanta, GA.
- Poonamallee, L. & **Henritze, E.** (2022, June). *Where are you from? Socio-ecological Embeddedness, Immigrants and Climate Action*. Talk presented at the Society for the Psychological Study of Social Issues (SPSSI) annual conference. San Juan, Puerto Rico.
- Poonamallee, L. & **Henritze, E.** (2022, March). *Evoking Socio-ecological Embeddedness in Immigrant and Diasporic Populations through Mindfulness: A Healing Journey from Rupture to Connection*. Talk presented at the Society for Humanistic Psychology Division 32 of the American Psychological Association. Online.
- Swift-Farley, L., **Henritze, E.**, Maserow, J., Anderson, T., Bates, J. (2021, June). *What are the nonverbal physiological and emotional features of a therapist's internal experience that are associated with high facilitative interpersonal skills?* In Kim de Jong (Organizer), Emotional activation of therapists during the Facilitative Interpersonal Skills performance task. Panel symposium at Society for Psychotherapy Research. Online.
- Swift-Farley, L., **Henritze, E.**, Maserow, J., Anderson, T., Bates, J. (2021, June). *What are the nonverbal physiological and emotional features of a therapist's internal experience that are associated with high facilitative interpersonal skills?* In J. Bate (Moderator), Expanding the Research on Facilitative Interpersonal Skills to Work More Effectively with Emotions in Psychotherapy. Panel symposium at Society for Exploration of Psychotherapy Integration. Online.
- Henritze, E.**, Maserow, J., Bate, J., Anderson, T. (2021, March). *Training in the "Real" Relationship: Interpersonal Skills and the Cultural Third for the Non-Specialist*. In J. Bate (Moderator), Psychoanalysis and Global Mental Health: Bringing Analytic Frameworks, Research, and Training into the Global Context. Panel presentation at Society for Psychoanalysis & Psychoanalytic Psychology Division 39 of the American Psychological Association. Online. (Postponed from 2020)
- Maserow, J., **Henritze, E.**, Flaherty, H., Bate, J. Konrath, S (2021, January). *What Does It Take to Make Our Interactions Therapeutic: Can Interpersonal Skills be Measured and Learned?* Poster presented at the annual conference of the Society for Social Work and Research Annual. Online.
- Henritze, E.**, Martingano, A.J., Brown, A., Konrath, S (2020, November). *Greater Perceived Self-Efficacy Underlies Associations Between Affective Virtual Environments and Empathy*. Poster presented at annual conference of the International Society for Traumatic Studies. Online.
- Swift-Farley, L., **Henritze, E.**, Maserow, J., D'Andrea, W., Bates, J. (October, 2020). *Remote Photoplethysmography Derived Heart Rate Variability May Predict Performance on Facilitative Interpersonal Skills Task*. Poster presented at the annual conference for Society of Psychophysiology Research. Online.
- Martingano, A.J., **Henritze, E.**, Brown, A., Konrath, S (2020, June). *Virtual Reality Increases Empathy But Not Donations Towards Child Refugees*. Poster presented at the annual conference of the Association for Psychological Science. Online.
- Henritze, E.**, Maserow, J., Duffy, M., Bate, J (2020, June). *Implementation and Impact of Facilitative Interpersonal Relationships Skills Training (FIRST) in a Large Urban Hospital*. In J. Bate (Moderator), Innovating Deliberate Practice: The future of Facilitative Interpersonal Skills training. Panel presentation at the annual international meeting of the Society for Psychotherapy Research, Amherst, MA. (Cancelled)

- Maserow, J., **Henritze, E.**, Anderson, T., Bate, J (2020, June). *What are the nonverbal physiological and emotional features of an individual's internal experience that are associated with high facilitative interpersonal skills?* In K. Jong (Moderator), Using basic science to explain differences between therapists on facilitative interpersonal skills. Panel presentation at the annual international meeting of the Society for Psychotherapy Research, Amherst, MA. (Cancelled)
- Brown, A., & **Henritze, E.** (2018, October). *Trauma and Resilience: How Cognitive Neuroscience is Informing the Treatment of Traumatic Stress and Burnout among Therapists.* Presentation at continuing education workshop for art therapists at the Art Therapy Project, New York, NY.

CONTEMPLATIVE & MINDFULNESS TRAINING

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| July 2009 - Present | <p>Silent Retreat: Total of approximately 250 days in silent retreats, lengths of 1 to 6 weeks in both secular mindfulness and Buddhist traditions.</p> <p>Interpersonal Mindfulness: Total of approximately 75 days in group retreats focused on contemplative interpersonal inquiry.</p> |
| January 2014 | <p>Prison Mindfulness Institute Path of Freedom Mindfulness Facilitator Training for Incarcerated Populations. 30 hours of training.</p> |
| Sept. 2012 – May 2013 | <p>New York Zen Center for Contemplative Care Foundations in Contemplative Care Pre-Chaplaincy Program. 100 hours of practicum in hospice and 180 hours of in-person group training and mentorship.</p> |

PROFESSIONAL AFFILIATIONS

- Society for the Exploration of Psychotherapy Integration (Since 2021)
- Association for Psychological Science (Since 2020)
- International Society for Traumatic Studies (Since 2020)
- Society for Psychoanalysis & Psychoanalytic Psychology (Division 39 of the APA) (Since 2019)
- Society for Psychotherapy Research (since 2017)

SELECTED PROFESSIONAL EXPERIENCE

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| <p>Director of Programming April 2014 – July 2019 Barre, MA</p> | <p>Barre Center for Buddhist Studies Developed and implemented multi-year strategy for Buddhist study and meditation practice for in-person and online settings. Designed curriculums in consultation with scholars and meditation teachers. Programs such as <i>Race and Dharma</i> focusing on social identity and psycho-spiritual experience. Developed and monitored metrics to measure educational impacts.</p> |
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SERVICE

- Board of Directors, Barre Center for Buddhist Studies, 2012-13
- Board of Directors, Insight Meditation Society, 2012-14